



FOR IMMEDIATE RELEASE

Contact:

Jessica Carter

jcarter@smartstart.org

919.221.1614

Date: May 8, 2023

NC Healthy & Resilient Communities (NCH&RCI) Initiative Launches Resilient North Carolina

New Website Will Engage Communities Statewide Around Resilience

RALEIGH- [Resilient North Carolina](#), a website created by [the NC Healthy & Resilient Communities Initiative](#) (NCH&RCI), has launched. Resilient North Carolina is intended for all North Carolinians, with the goal of sharing best practices and connecting individuals and organizations building resilience and reducing trauma statewide.

NCH&RCI works to build healthy and resilient communities for young children and families, creating resilience across each generation by bringing together [more than](#) 40 multi-sector community collaboratives to increase their capacity and best practice implementation strategies.

The new website, created *for* and *by* North Carolina partners, will better enable collaboratives and partners to serve communities and is focused on healing through the strengths of its members.

“Creating communities and organizations who are aware of the wide reach of trauma, how to respond to it, and importantly make investments in prevention is so important for all North Carolina communities,” stated Mebane Boyd, Resilient Communities Officer, at the North Carolina Partnership for Children (NCPC). “Communities know best what is needed to make a meaningful difference. We want to support these efforts in whatever way works for them.”

Through funding by the Kate B. Reynolds Charitable Trust, the website is *grounded in racial equity*—recognizing that racial inequities are at the root of much of the trauma living within North Carolinians. The website is organized around the Substance Abuse and Mental Health Services Administration (SAMHSA)’s four domains of a trauma-informed approach (1. Recognize, 2. Realize, 3. Respond, and 4. Resist (Re)traumatization).

Resilient North Carolina website features include:

- A map for users to connect with others doing the same work,
- A shared calendar to enable initiatives to know what is happening across the state,
- Data to inform a community’s work,
- A resource library to support resilience in areas such as early childhood, K-12 education, and law enforcement.

The North Carolina Partnership for Children

1100 Wake Forest Road, Raleigh, NC 27604 – info@smartstart.org – 919.821.7999

www.smartstart.org [/smartstart](https://www.facebook.com/smartstart) [@nsmartstart](https://twitter.com/nsmartstart) [@smartstartnc](https://www.instagram.com/smartstartnc) [/nsmartstart](https://www.youtube.com/nsmartstart)

"I am so thankful that NCPC and the Smart Start Network can play a role in enhancing protective factors against adverse childhood experiences and environments through our role in leading the NC Healthy & Resilient Communities Initiative," says Amy Cabbage, president of NCPC. "It takes all of us to create a more resilient state and by listening to and supporting local coalitions, we are better positioned to know what is needed in communities to help their children thrive."

Other organizations who participated in Resilient North Carolina's creation include NC Courts, Rural Opportunity Institute, the Kellin Foundation, the HopeStar Foundation, DHHS, the NC Injury and Violence Prevention Center, Prevent Child Abuse NC, the BYE Foundation Trauma Informed Institute, the NC Coalition Against Domestic Violence, and the UNC Frank Porter Graham Child Development Institute.

Other NCH&RCI activities include [funding nine non-profit community organizations](#) to address trauma and resilience and [creating a Healthy & Resilient Communities Dashboard](#).

To find out more about Resilient North Carolina, visit resilientnorthcarolina.org. Resources will continually be added to the website. The public is encouraged to submit events to the shared calendar page.

###

About the NC Healthy & Resilient Communities Initiative

NCH&RCI is a program funded by the Kate B. Reynolds Charitable Trust. NCH&RCI works to 1) reduce multiple forms of childhood adversity; 2) increase protective factors and positive childhood experiences for children, families, and communities; and 3) promote systems change, through community infrastructure and cross sector collaborations, for preventing and responding to toxic stress and trauma.

A Resilient Communities Officer works with local resilience collaboratives and coalitions to build capacity, provide resources and assistance, and learn from the unique initiative. Each local coalition determines their own strategies and processes towards statewide resiliency goals. Learn more about Smart Start's NC Healthy & Resilient Communities work [here](#). Contact- Resilient Communities Officer, [Mebane Boyd](#)

About Smart Start and The North Carolina Partnership for Children (NCPC)

[Smart Start](#) is a network of 75 nonprofit local partnerships that serve all 100 North Carolina counties. This network is led by NCPC which ensures fiscal and programmatic accountability and coordinates the statewide Smart Start Network to create better outcomes for children and families.